



RELEASE OF LIABILITY AND WAIVER OF CLAIMS, ASSUMPTIONS OF RISK & INDEMNITY AGREEMENT

WELLOGA Zoom Online Yoga Classes

SOMETHING IMPORTANT THINGS TO KNOW BEFORE YOU START.

These classes sequences have be created by WELLOGA & Jennifer Doheny.

This class cannot be recorded. Or re-produced in any way physically or electronically or shared without our prior written consent.

Since WELLOGA Instructor, Jennifer Doheny, is not able to monitor your health prior to or in the online Zoom yoga classes, if you are showing any symptoms of any respiratory complications or other issues we urge you not to continue with our yoga classes at this time.

Please monitor your surroundings so that nothing is close by to you that may cause you injury or harm as you move around in the classes.

PLEASE SEE:

WELLOGA'S RELEASE OF LIABILITY AND WAIVER OF CLAIMS, ASSUMPTIONS OF RISK AND INDEMNITY AGREEMENT.

BY PARTICIPATING IN ANY OF WELLOGA'S ONLINE CLASSES YOU AGREE TO WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE. PLEASE READ CAREFULLY

YES, You have listed your Country of Residency in membership form.

- 1.) By participating in any of our classes you confirm that you have no physical, medical, or emotional condition which would prevent you from safely participating in these yoga classes.
- 2.) You agree that if you have any such conditions it is your responsibility to consult a physician to determine if participating in any WELLOGA Yoga classes on Zoom could cause injury to you.

- 3.) You agree you have received a detailed outline of WELLOGA class descriptions and are solely responsible to choose the class formats that best suit your yoga experience and fitness level.
- 4.) You recognize your physical and health limitations and will not participate in any activities, including but not limited to classes or specific yoga poses, that may exceed my abilities. I understand and acknowledge that I could severely harm myself in so doing.
- 5.) You understand that there is a possibility of injury and that it is your responsibility to consult a physician regarding your ability to participate in these classes and you are taking these classes voluntarily.
- 6.) By having this knowledge and by participating in these online classes, you are consenting to release WELLOGA and Jennifer Doheney in anyway from liability for injury or illness which you may incur as a result of participating in these online classes. And, you hereby assume all risks connected to these yoga classes by participating in these online Zoom classes.
- 7.) You and your heirs, executors, administrators and assigns, waive any claims to WELLOGA & Jennifer Doheney with these online classes, to which you may become entitled for injury or damage.
- 8.) You WAIVE ANY AND ALL CLAIMS that you have or may have in the future against WELLOGA & Jennifer Doheney with this online class.
- 9.) You RELEASE WELLOGA & Jennifer Doheney from these online classes from any and all liability for any loss, damage, injury or expense that you may suffer as a result of participating in these online classes due to any cause whatsoever, INCLUDING NEGLIGENCE, BREACH OF CONTRACT OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE OWED UNDER ANY ACT, INCLUDING BUT NOT LIMITED TO THE OCCUPIERS LIABILITY ACT.
- 10.) By continuing to take these classes you agree to this agreement AND UNDERSTAND THE AGREEMENT, AND YOU ARE AWARE THAT BY TAKING THESE CLASSES YOU ARE WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST WELLOGA & Jennifer Doheney with these online classes.

You have read, understood, and had time to review this waiver, and are not aware of any health, physical, medical, or psychological conditions that could prevent you from safely participating in the services provided by WELLOGA Zoom Online.

NAME & SIGNATURE

DATE